Claims:

1. A vehicle subframe comprising:

a pair of left and right longitudinal members, which extends in a longitudinal direction of a body, which each have a body mount portion and a mount portion on which a suspension arm is mounted; and

a tubular cross member which extends in a transverse direction of the body and connects together the pair of left and right longitudinal members, the vehicle subframe being characterized in that the cross member has a recessed portion which is recessed continuously over a longitudinal direction thereof.

- 2. A vehicle frame as set forth in Claim 1, characterized in that the recessed portion is formed at a lower portion of a main body of the cross member and is recessed upwardly, and that a damping member is fitted in a resulting recess.
- 3. A vehicle frame as set forth in Claim 2, characterized in that the tubular cross member is a member which is formed into a shape having a substantially quadrangular closed section by an upper plate, a front side plate, a lower plate, and a rear side plate, and that the recessed portion is configured such that the shape of a section of the cross member which lies normal to an axis thereof is recessed towards an inside of the

section and has a front bracket plate portion which is parallel to the front side plate, a rear bracket plate portion which is parallel to the rear side plate and folded-back portions which are folded back from the front and rear bracket plate portions.

4. A bush mounting structure for mounting on a frame by a bracket an elastic bush in which an inner tube and an outer tube which surrounds the inner tube are connected together by an elastic body, wherein the bracket is disposed in such a manner as to hold both ends of the inner tube therein, and the elastic bush is mounted by passing a bolt through the inner tube, the bush mounting structure being characterized in that

the bracket has bracket plate portions each having a plane which contacts an end face of the inner tube and folded-back portions which are folded back from the bracket plate portions.

- 5. A bush mounting structure as set forth in Claim 4, characterized in that the bracket plate portions and the folded-back portions are made to oppositely face each other via a given space portion.
- 6. A bush mounting structure as set forth in Claim 4 or 5, characterized in that the frame is made up of a tubular member, that a sectional shape of the tubular member which lies normal to an axis thereof is configured

so as to be recessed towards an inside of a section of the tubular member, and that the bracket plate portions are formed on inner surfaces of a resulting recessed portion, while the folded-back portions are formed continuously from the tubular member.